

Making Every Contact Count

Free Training

Making Every Contact Count (MECC) is about using every opportunity to have a health conversation with people to help and encourage them to make healthier choices to achieve positive long term behaviour change to improve their health and wellbeing.

What will the session offer?

- What MECC is and isn't
- Information on the public health messages
- Ways of starting a health conversation
- Details of where you can signpost people to
- Resources to help you deliver MECC in your workplace
- Time for you to have your questions addressed

Who should attend?

- Individuals who work face to face with members of the public

Pre-requisites

In order to attend the event, the following should be complete in your organisation:

- Plans in place which identify how training will be rolled out
- Staff groups identified for training

Following attendance at one of these sessions, attendees will be expected to disseminate the MECC training programme to other staff in their organisation.

If you are interested in attending this session please contact:

.....LIMITED PLACES, BOOK NOW.....

Email: phadmin@warwickshire.gov.uk

